



Hi, I'm Dr. Kukurin and you are receiving this newsletter as a free gift from me. We spend a lot of time working on this publication. It's the same information patients pay for in my office. So I'm sure you will find it valuable and I hope you enjoy it. If you have a topic you'd like to suggest for future newsletters just give me a call. ~ Dr. K

## Journal of Rapid Pain Relief

# Effective Home Remedies that Doctor's Give Their Patients

What happens when you have had surgery, but the pain continues? Sadly this is a common occurrence, so common in fact that it's called *failed back syndrome*.

In the past twenty years we have helped hundreds of patients avoid back surgery. That has been a great pleasure for us over the years. Unfortunately many patients opt for back surgery before they have tried every other option. Even surgeons will tell you, surgery should always be a last resort! That's because surgery often fails. Patients who fail back surgery are sadly discarded like an old worn out appliance. The surgeons don't want anything to do with them. PCPs really have nothing to offer. In fact many failed back surgery cases end up addicted to pain killers. It's unfortunate that people have surgery before they've exhausted all other options. But there is hope for failed surgery patients.



The patient above had her spinal implants break following an auto accident. We were able to help her avoid surgical revision of her back instrumentation. She lives comfortably over ten years after the accident.

## This issue: *Alternative Medicine Info* to help *when surgery fails!!*

We've developed a special system of chiropractic therapy that can be applied to patients who have the most severe failed back syndromes. Take a close look at the radiographs in this news letter and you'll see what I mean. Our methods are constantly being revised and evolving . We add acupuncture and muscle alignment techniques to our chiropractic methods. Let me examine you to see if you are a good candidate for our methods.

Unfortunately, surgery often fixes one problem, then later creates another. The x-rays to the *right* are from a patient who had initially successful surgery, only to develop disc degeneration below the level of the surgery. She opted for care in our office instead of surgical revision. She obtained very good pain relief without additional surgery. She functions well on a spinal maintenance program at our office.



## Help for patients who have already had back surgery

I had the opportunity to sit in on a spinal surgery at Allegheny General Hospital in Pittsburgh. There is no doubt about it, surgery no matter how delicate of a procedure itself causes extensive damage to muscles, ligaments and other supporting tissues of the spine. It's often effective in decompressing the nerve pain and relieving leg pain and numbness, but it rarely relieves back pain. That is because to get down to where the disc is pinching the nerve, the surgeon must cut or burn through quite a bit of soft tissue; muscle, fascia and ligaments included. Then by removing part of the disc material, the integrity of the spine is further compromised. When you think about it, the spine is already damaged before the surgery and the surgery unavoidably creates more tissue damage. Often muscles, joints and ligaments of the spine far removed from the injured disc must adapt and compensate to try to stabilize the spine. These adaptations frequently create their own problems. Ignoring the adaptations the spine must undergo following a back operation is what I believe creates the failed spine surgery syndrome. This is what we treat in our patients suffering from pain after failed surgery.



The x-ray at the left is a patient from our Pittsburgh office. He had (what are called) the posterior elements surgically removed. The surgeons implanted a metal "cage" (see arrow). The procedure left him totally disabled with burning pain down both legs to his feet. He could not walk more than a few feet. After one month's care in our office he had no leg pain. He could walk normally. His pain rating went from an 80 to 40 on a 100 point scale. In the past 20 years I have treated many patients with all types of failed surgery syndromes. With excellent results.

~ Dr. Kukurin

**Intervertebral cage implant in one of our patients.**

### Home remedies for failed spine surgery syndrome.



Left Dr. Kukurin reviews a patient's MRI images to plan a course of treatment.

Right: Dr. Kukurin demonstrates no-needle electronic acupuncture. Traditional or electronic acupuncture provides relief to many patients suffering from failed back operations.

Combining specialized chiropractic techniques, with acupuncture and muscles alignment techniques helps failed back surgery patients.



**“Treating failed back surgery takes time and special knowledge. Find a physician with experience.”**

If you or someone you know is suffering from failed back surgery syndrome, give me a call today. I have worked with a great many patients who thought there was no hope. A great majority of these “lost causes” obtained significant relief. We usually will know within 10 days if our specialized techniques for treating failed back surgery syndrome will help you. I'm sure you have all sorts of questions and I will be glad to discuss your condition and our methods with you.

Sincerely,

Dr. George Kukurin

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